Tourette's syndrome has become a gag alibi for Sienna Miller, Eminem and Hugh Grant when it comes to explaining their regrettable outbursts. But those who actually suffer from the disease know it's no joke. Actor Keith Collins, who's among them, was raising money for research yesterday evening at trendy New York nightspot Retox on West 28th St. Pitching in to help were Jill Michele Melean, Randy Jones, Beth Ostrosky and Mario Cantone.

Paula Abdul Lashes Out at those who've hinted she might be high at times — including fellow "American Idol" judge Simon Cowell.

"I'm sick of it — I've never been drunk, and I don't do recreational drugs," Abdul said in an interview in the new OK! magazine. It all started with Cowell, says the brunette beauty, when he "made a funny accusation that something was in my Coca-Cola cup. And whenever he says, 'Nobody understands (what you're saying), Paula.'"

Abdul does take prescription drugs for pain she still suffers after a 1993 emergency plane landing and after being hit by a drunken driver on the freeway after an L.A. Lakers game in 1987. It couldn't have helped when Abdul broke her nose earlier this month after taking a spill rather than stepping on her dog, Tulip. The former choreographer, who turns 45 on June 19, also tells OK! that she's never had plastic surgery, but admits to Botox.

NOW THAT KELSEY GRAMMER has an upcoming sitcom with Patricia Heaton, he's put off running for office. One of TV's few Republican activists, Grammer was considering a run for Congress out of his Hamptons home. The funnyman was serious when he told us recently, "Maybe I'll do it in 10 years." Grammer will star in "Back to You," about a national TV anchor who gets bumped back to local news after misspeaking off the air.

WELCOME HOME, MARINES: Three U.S. Marines who recently returned from Iraq got a special "welcome home" after running into "Sideways" star Virginia Madsen at Elaine's. Madsen was there celebrating her mother's birthday, while the star-struck Marines had wandered inside on a whim....

Josh Hartnett has been all over town with Penelope Cruz, but it looks like he's not a one-woman man. Our spy spotted the hunk cuddling a blond model at Snitch Bar on West 21st Street on Monday night. Says our sneak: "She sat on his lap in thigh-high black boots and white shorts while he chain-smoked." ... Julianne Moore and a gal pal sauntered through the West Village with yoga mats in tow Tuesday morning....

Miss Universe pageant contestants feted the winner, Miss Japan Riyo Mori, after Monday night's broadcast with a cocktail bash at Mexico City's China Grill. The only lovely missing from the festivities: Miss USA Rachel Smith. After tumbling onstage, Smith returned to her room following the show. Smith, a journalism-school grad who was a volunteer at Oprah Winfrey's academy for girls in Africa, was booted for days while in Mexico, despite speaking fluent Spanish to the crowd. Pageant owner Donald Trump attributed the animosity to Mexican frustration with U.S. policies.... R&B beauty Rihanna is cutting herself a new image. "I wanted to get out of my innocent, generic shell that everyone is used to molding me into," she says in the new picture-packed Giant magazine. "I was like, 'To hell with that!'"

The difference shows in the title of her new CD, "Good Girl Gone Bad," out next week. But the 19-year-old Barbados-born siren won't be following in the footsteps of other bad girl starlets. Her childhood was spent watching her father battle a crack addiction to keep her on the straight and narrow.