

Full Proposal Submission Instructions

Applications should be merged into one PDF and attached to your full and completed YIA Application. Please submit completed application and all forms to **resmed@tourette.org** by **Thursday, February 26th, 2026.**

Please organize the sections of your proposal in the following order:

1. Cover Page
2. Bio Sketch
3. Application
4. Career development plan
5. Budget and budget justification
6. Letter of Recommendation from Mentor

Please name your attached PDF application using the following naming convention:

LASTNAME.FIRSTINITIAL.pdf

Example - Applicant Mariana Sutton would submit a completed application named SUTTON.M.pdf

If you have any questions or are experiencing any difficulty during the application process, please reach out to resmed@tourette.org.

The Tourette Association of America wishes you every success through this process and we thank you for your interest in pursuing Tourette Syndrome research.

Protocol Guidelines

Please follow the following guidelines carefully to ensure efficient and accurate review of your proposal.

Funding levels:

- The Young Investigator Award provides up to \$75,000 per year for a total of 2 years (\$150,000 total).

Component descriptions:

Cover Page. Please use the specified TAA Cover page form. List only co-investigators who will contribute significantly to the project.

Bio-Sketch. Please use the TAA or NIH Bio-sketch form and only include bio-sketches of major co-investigators on the project. Please provide a list of publications either within the form or in a separate document.

Application. Applications **must not exceed 6 pages** (excluding references). When preparing your narrative, brevity is preferred. Please organize your application into the following sections:

- Background and Significance to the TS field
- Objectives/Specific Aims
- Research Plan and Methodology
- Research Environment and Available Resources to Conduct the Project
- Key Supporting Data

Career development plan. (1 page maximum) Please detail your past and present training, background and qualifications (particularly in relation to TS and/or your project plan), as well as your career development plan and objectives. In this section, explain how this research award will help to advance your career development, particularly in the field of TS research. Note: the letter of recommendation from your mentor should discuss the mentor's (and mentorship team's) role in, and commitment to, your career development plan and objectives.

Budget. Please use the specified TAA's Budget Form and include a narrative justifying budget items. To enable us to maximize the number of meritorious studies that we fund, please limit your budget to the absolute minimum amount needed to conduct your proposed study.

The TAA will consider reasonable requests for:

- Salaries, laboratory supplies and other research related expenses
- Travel expenses for investigators (up to \$1,500 per year)
- Research equipment up to \$5,000 (excluding equipment for personal or office use, e.g. computers)
- Indirect costs of up to 10% may be included, but the total value of the grant may not exceed the levels stated above

Please do not include:

- A detailed history of the literature (the introduction should be 1 page maximum)
- A lengthy CV - completion of the bio-sketch is sufficient
- Standard, commonly used assessment scales
- Full-length copies of published papers (abstracts of unpublished papers and references for

published work are sufficient)

The following pages will not count toward the application 6-page count:

- Letter of recommendation from your primary mentor.
- Career development plan
- Human subject research - Copy of IRB approval letter (if available). Proof of IRB approval must be received before first payment can be made.
- Animal experimentation - appropriate documentation from institutional review board (e.g. IACUC, biosafety), if available. This documentation must be received before the first award payment can be made.
- Budget and budget justification according to the guidelines detailed above

Applications are evaluated on the basis of the following criteria:

- Career Development Components:
 - Candidate's background and qualifications
 - Candidate's career development plan and objectives
 - Description of how this award, specifically, will contribute to the Candidate's career development plan and objectives
 - Letter of recommendation from mentor, discussing mentor's (and mentorship team's) role in, and commitment to, the Candidate's career development plan and objectives.
- Research Project Components:
 - Significance/relevance to the TS field
 - Methodology
 - Candidate's experience relevant to the project
 - Percentage of time to be devoted to project
 - Adequacy and availability of research facilities and other project support
 - Ability to complete project in stated time-frame