



# Tourette Association of America

Awareness. Research. Support.

Is your institution interested in hosting a **free** workshop exploring Comprehensive Behavioral Intervention for Tics (**CBIT**)?

The **Tourette Association of America** is currently scheduling workshops on **CBIT** through its partnership with the U.S. Centers for Disease Control and Prevention (CDC). These half or full-day programs will be given by one of our Medical or Scientific advisory board members and will offer an overview of the **CBIT** protocol and current research supporting this treatment.

**CBIT** is a behavioral approach for managing **Tourette Syndrome (TS)** and other **Tic Disorders (TD)**. CBIT has been tested in two parallel multi-site randomized clinical trials. The results showed CBIT to be an effective method to reduce the severity and frequency of tics in children and adults.

## CBIT in practice:

- Combines elements of habit reversal training with psycho-education
- Function-based behavioral interventions

Participants will receive a free copy of the Oxford University Press CBIT treatment manual, additional educational resources, and have the opportunity to be added to the Tourette Association's physician or allied health professional referral list.

## Who should attend this workshop?

The workshop will benefit practitioners with behavioral and clinical experience, physicians, psychologists, occupational therapists, social workers, and allied professionals.

The Tourette Association does not discriminate on the basis of race, ethnicity, gender, or disability in any of its programs, services, or activities. For more information, please contact us at [info@tourette.org](mailto:info@tourette.org).

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Funding for this workshop is made possible in part by the Centers for Disease Control and Prevention. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.



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