

# Why do I act this way? Because I can't control it.

Much of the stigma that surrounds Tourette Syndrome (TS) and Tic Disorders comes from misunderstanding. These cards may help you explain the effects of Tourette Syndrome and Tic Disorders.



## Why do I act this way? Because I can't control it.

I have **Tourette Syndrome** - a medical condition. It causes me to make loud sounds, have twitches and say things I don't mean. Please understand that this is a medical condition and I cannot control my tics. Treatment for Tourette and tics is limited and there is no cure. I am grateful for your understanding and empathy.

My condition is covered by the American Disabilities Act.  
Visit [Tourette.org](http://Tourette.org) to learn more.



## Why am I swearing? This is not an act. I can't control it.

Please don't be offended or afraid. I have a symptom or "tic" of **Tourette Syndrome** called "Coprolalia," which causes me to make swearing sounds or inappropriate remarks. This is a medical condition and I cannot control my tics. Treatment is limited and there is no cure. I am grateful for your understanding and empathy.

My condition is covered by the American Disabilities Act.  
Visit [Tourette.org](http://Tourette.org) to learn more.



Fold  
Here

### Medical Information Card

(name optional)

**Tourette Syndrome (TS)** is part of a spectrum of hereditary, childhood-onset, neurodevelopmental conditions referred to as Tic Disorders. These conditions affect both children and adults, causing them to make sudden, uncontrollable movements and/or sounds called tics. More than annoying, TS and tics can be emotionally, physically, and socially debilitating.

[tourette.org](http://tourette.org) • 888-4TOURET



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