

Why do I act this way? Because I can't control it.

I have **Tourette Syndrome** – a medical condition. It causes me to make loud sounds, have twitches and say things I don't mean. Please understand that this is a medical condition and I cannot control my tics. Treatment for Tourette and tics is limited and there is no cure. Please be aware that my condition is covered by the Americans with Disabilities Act.

Visit **tourette.org** to learn more.



Medical Information Card

(name optional)

Tourette Syndrome (TS) is part of a spectrum of hereditary, childhood-onset, neurodevelopmental conditions referred to as Tic Disorders. These conditions affect both children and adults, causing them to make sudden, uncontrollable movements and/or sounds called tics. TS and tics can be emotionally, physically, and socially debilitating. I'm sorry if it bothers you; it bothers me more.