

TOURETTE SYNDROME QUICK RESPONSE CARD

If you are unsure what to do, follow these steps in order.

1



ALLOW

Can I safely ignore the tic and continue teaching?



2



REDUCE

Can I reduce stress, attention, noise, time pressure, or demands?



3



REGULATE

Does the student need a break, movement, quiet space, or other regulation support?



4



ADJUST

Can I change how the student accesses or completes the activity?



5



SUPPORT

Is a missing skill, accommodation, or support contributing to the issue?



6



CONNECT

Does the student need their designated support person?

The goal is to help the student stay regulated, participate, and access learning. Tics cannot be controlled, but every student can be supported.